

Picture Yourself Healthy:

CREATING A
VISION OF

health

WEDNESDAY, MAY 15

6:30-8:00 p.m.

9650 Rockville Pike, Bethesda, MD 20814

Lola Crawford will lead a hands-on workshop in which participants will create one of three visualization tools: a vision board, an image book, or a treasure map.

To RSVP please call 301-634-7500 or email info@hopeconnectionsforcancer.org

Our mission is to help people with cancer and their loved ones deal with the emotional and physical impact of cancer through professionally facilitated programs of emotional support, education, wellness and hope - all provided free of charge.